Supplementary information

Nanoengineered Shear-thinning Hydrogel Barrier for Preventing Postoperative Abdominal Adhesions

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Figure S1. Shear rate sweep assessment of STHB compositions. The viscosity versus shear rate was characterized on STHB compositions with 0, 1, and 2 wt% PEO. (**a-c**) Rheological analysis showed that formulations with higher SNP concentrations resulted in higher viscosities and stronger gel formation. (**d-f**) The addition of 1 and 2 wt% PEO to the compositions did not impact the viscosity or shear-thinning properties, however, a slightly decrease was observed when 3 wt% PEO was introduced. In all cases, no significant effect on their shear-thinning behavior was observed.



Figure S2. Linear viscoelastic region determination on STHB compositions with 0, 1, and 2 wt% PEO. (a-c) Strain (0.01 to 1000% at 1 Hz) versus storage modulus (G') was quantified and the linear viscoelastic region (LVR) identified as the G' plateau [0.1-10 strain (%)]. LVR was similar in all the compositions.



Figure S3. Gel point of STHB compositions with 0, 1, and 2 wt% PEO. Tan (δ) versus strain was calculated to determine the elastic to viscous transformation, and gel point defined as tan(δ) = 1. (a-c) The gel point of all formulations was found consistent at ~10 strain (%).



Figure S4. Rapid mechanical recovery after applied strain on STHB compositions with 0, 1, and 2 wt% PEO. Storage moduli (G') was recorded during multiple cycles at low (1%) and high (100%) strain. (a-c) All the formulations presented rapid recovery to its original modulus (light gray regions) after strain was removed.



Figure S5. STHB injection setup. (a) Image of the set up and mechanical tester used to measure the injection force to extrude STHB formulations. **(b)** A syringe and needle were used to test the injection force of the hydrogels, STHB can be observed as a transparent compact gel.



Figure S6. STHB injection force. Injection force of STHB formulations was measured by extruding the hydrogels through 18G (**a**), 23G (**b**), and 27G (**c**) needles at an infusion rate of 2 mL/min. Higher concentration of SNPs and smaller needle intraluminal diameter resulted in higher injection force; the addition of PEO did not have any significant influence on the injection force. Data is represented in mean \pm SD (n=5).



Figure S7. eSEM imaging showing 10L3P forming a cohesive and robust barrier with clear edges.



Figure S8. Assessment of surface adherence of **3T3** cells to **STHB.** (a-b) To determine the number of attached 3T3 cells, a quantification of relative fluorescence units emitted by cells seeded on the surface of STHB formulations with 0 wt% (5L, 8L, 10L), 1 wt% (5L1P, 8L1P, 10L1P) and 2 wt% (5L2P, 8L2P, 10L2P) PEO was performed, a PTFE substrate was used as a control. The presence of PEO in STHB formulations decreased cell adherence. Data is represented in mean \pm SD (n=5). *P*-values were determined by Student t-test (ns: *P*>0.05).



Figure S9. Assessment of cellular viability to STHB components. Cytotoxicity was evaluated in 3T3 fibroblasts after 48 hours of incubation on increasing SNP, PEO and SNP/PEO concentrations (0.001 to 1000 μ g/mL). (a) Decreased cell viability was observed when SNP concentration was above 100 μ g/Ml. (b) No cytotoxicity was observed when cells were exposed to PEO. (c) Viability was not affected when cells were exposed to a combination of SNPs and PEO. Data is represented in mean ±SD (n=5). ns: not significant, **: p-value <0.01, ***: p-value <0.001, ****: p-value <0.0001. P values determined by one-way analysis of variance (ANOVA).



Figure S10. Adhesion grade distribution on ischemic buttons. (a) The total amount of adhesions by grade was quantified according to the PAI scoring system. (b) Average number of adhesions per grade per animal were calculated; adhesion severity was decreased with Seprafilm[®] and STHB formulations. 10L3P was the formulation that showed superior performance with no adhesion formation. Data is represented in mean \pm SD.

Composition and viscosity of STHB formulations				
	Total solid	SNP	PEO	Viscosity
	g/mL	g/mL	g/mL	Pa•s
5L	0.05	0.05	-	91.54
8L	0.08	0.08	-	532.63
10L	0.10	0.10	-	1010
5L1P	0.06	0.05	0.01	131.55
8L1P	0.09	0.08	0.01	536.91
10L1P	0.11	0.10	0.01	1084
5L2P	0.07	0.05	0.02	122.33
8L2P	0.10	0.08	0.02	426.12
10L2P	0.12	0.10	0.02	1037
5L3P	0.08	0.05	0.03	80.57
8L3P	0.11	0.08	0.03	436.41
10L3P	0.13	0.10	0.03	726.62

Table S1. Composition and viscosity of STHB formulations.

Needle sizes for injection test			
Needle gauge	Length (mm)	Intraluminal diameter (mm)	
18G	38	0.84	
23G	38	0.34	
27G	38	0.21	

Table S2. Needle intraluminal diameters for injection test.

Spray Test				
Formulation	Distance (cm)	Radius (cm)	Total Spray Area (cm²)	Spray Angle (°)
5L3P	20	2.78 ± 0.09	24.28 ± 1.51	7.91 ± 0.24
8L3P	20	2.63 ± 0.04	21.78 ± 0.65	7.50 ± 0.11
10L3P	20	2.41 ± 0.03	18.28 ± 0.46	6.88 ± 0.09

 Table S3. Distance, radius, total spray area and spray angle of STHB formulations.

Injectability and sprayability of STHB formulations				
Formulation	Injectable		Sprayable	
	Yes	No	Yes	No
5L	х		Х	
8L	Х		Х	
10L	х			x
5L1P	Х		Х	
8L1P	х		х	
10L1P	х			х
5L2P	Х		х	
8L2P	х		х	
10L2P	х		х	
5L3P	Х		х	
8L3P	x		х	
10L3P	х		х	

Table S4. Injectability and sprayability of STHB formulations.

Mechanical classification of gels based on spreadability			
Classification	Diameter	Formulation	
Very stiff gel	< 40 mm	8L, 8L1P, 8L2P, 8L3P, 10L, 10L1P, 10L2P, 10L3P	
Stiff gel	40-47 mm	5L, 5L1P, 5L2P, 5L3P	
Semistiff gel	47-55 mm	no formulations in this range	
Semifluid gel	55-70 mm	no formulations in this range	
Fluid gel	> 70 mm	no formulations in this range	

Table S5. Mechanical classification of gels based on spreadability.

Supplementary Videos

- 1. Supplementary Video S1. Spraying of 5L formulation.
- 2. Supplementary Video S2. Spraying of 8L formulation.
- 3. Supplementary Video S3. Spraying of 10L formulation.
- 4. Supplementary Video S4. Spraying of 5L1P formulation.
- 5. Supplementary Video S5. Spraying of 8L1P formulation.
- 6. Supplementary Video S6. Spraying of 10L1P formulation.
- 7. Supplementary Video S7. Spraying of 5L2P formulation.
- 8. Supplementary Video S8. Spraying of 8L2P formulation.
- 9. Supplementary Video S9. Spraying of 10L2P formulation.
- 10. Supplementary Video S10. Spraying of 5L3P formulation.
- 11. Supplementary Video S11. Spraying of 8L3P formulation.
- 12. Supplementary Video S12. Spraying of 10L3P formulation.